Area Agency on Aging Region X Menu Plan

Nov-26

Monday	Tuesday	Wednesday	Thursday	Friday
2nd	**3rd**	**4th**	**5th**	**6th**
Hot Dog w/ chili & cheese	Chicken and Stuffing Casserole	Meatloaf w/ Ketchup	Chicken Pot Pie	BBQ Riblet
On a Bun	Roasted Potatoes	Mashed potatoes w/ gravy	Mixed Vegetables	On a Bun
Peas and Carrots	Mixed Vegetables	Candied Carrots	Harvard Beets	Baked Potato w/ Sour Cream
Grape Juice	Rosie Applesauce	Wheat Roll	Wheat Roll	Peaches
Sliced pears	Wheat Roll	Peaches	Jello	Roasted Broccoli
Coffee/ Tea Milk	Coffee/Tea/Milk	Coffee/ Tea Milk	Coffee/Tea/Milk	Coffee/Tea/Milk
9th	**10th**	**11th**	**12th**	**13th**
Cook's Choice	Sloppy Joe on Bun	Fried Fish Filet	Frito Chili Pie	Korean Ground Beef
	Potato Salad	Buttered Corn	Buttered Corn	Served Over Rice
	Coleslaw	Spinach	Dark Green Leafy Salad w/ Spinach	Oriental Vegetables
	Peaches	Wheat Bread	Pineapple	Mandarin Oranges
	Ice Cream Bar	Tropical Fruit	Cake	and Fortune Cookie
Coffee/Tea/Milk	Coffee/ Tea Milk	Coffee/ Tea Milk	Coffee/Tea/Milk	Coffee/ Tea Milk
16th	**17th**	**18th**	**19th**	**20th**
Taco Salad meat cheese beans	BBQ Chicken Legs and Thighs	Potato Soup	Chicken Fried Steak	Hamburger Stew
Lettuce & Tomatoes	Potato Salad	Hot Ham & cheese Sandwich	Mashed Potatoes w/ Gravy	W/ Carrots, Corn, Gren Beans, Peas
Pineapple	Coleslaw	Dark Green Leafy Salad	Peas ands Carrots	Dark Green Leafy Salad
Tostitos	Wheat Roll	Rosie Apple Sauce	Birthday Cake W/ Fruit	Warm Spiced Pineapple
Pudding	Cookie	Pudding	Wheat Roll	Wheat Roll
Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk
23rd	**24th - Cultural - All American**	**25th**	**26th**	**27th**
Cook' Choice	Turkey / Stuffing	Ham and Beans	Closed For Holiday	Closed for Holiday
	Sweet Potatoes/ Cranberry sauce	Roasted Potatoes		
	Green Bean Casserole	Spinach		
	Wheat Roll	Cornbread		
	Pumpkin Pie	Brownie		
Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk
30th				
Tater Tot Casserole				
Peas and Carrots				
Dark Green Leafy Salad				
Spice Cake				
Wheat Roll				
Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk